

## MINNESOTA AFFECT RATING FORM\*

Revision of Minnesota Preschool Affect Checklist (Edward J. Schork and L. Alan Sroufe, Institute of Child Development, University of Minnesota); revised by Elizabeth Lemerise and Zvi Strassberg, Child Development Project, Vanderbilt University.

TCID \_\_\_\_\_ Observer \_\_\_\_\_ Date \_\_\_\_\_ Session 1 2

School \_\_\_\_\_ Reliability \_\_\_\_\_

Instructions: Circle a "1" if the item occurred or a "0" if the item did not occur during this observation period.

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### POSITIVE AFFECT

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|---|---|---|-------|
| 1. uses positive affect to initiate contact, to engage another (must begin or restart interaction after a substantial break).           | 0 | 1 | OQ*B1 |
| 2. when <u>already in interaction with someone</u> , directs positive affect at them (affect is <u>directed at a specific person</u> ). | 0 | 1 | OQ*B2 |
| 3. when in a social situation, displays positive affect but <u>does not direct it to any one in particular</u> .                        | 0 | 1 | OQ*B3 |
| 4. shows <u>very positive affect</u> : exuberance, "lights up."   | 0 | 1 | OQ*B4 |
| 5. shows <u>ongoing high enjoyment</u> , "has a lot of fun" (sustained continuously for 30 sec or more).                                | 0 | 1 | OQ*B5 |
| 6. uses face very expressively to show <u>positive</u> affect in communicating <u>directly with another</u> .                           | 0 | 1 | OQ*B6 |
| 7. shows pride in accomplishment (usually verbal statement).  | 0 | 1 | OQ*B7 |

### POSITIVE ADJUSTMENT

- |   |   |   |        |
|---|---|---|--------|
| 8. <u>engrossed, absorbed, intensely involved</u> in activity: <u>emotionally invested in creative, productive, thematically organized, or other</u> activity that has a positive emotional function (does <u>not</u> include intensive but unfocused activity, e.g., running around the room). | 0 | 1 | OQ*B8  |
| 9. <u>independence</u> : involvement in an activity that the child <u>organizes for him/herself</u> .   | 0 | 1 | OQ*B9  |
| 10. shows ability to <u>tolerate well</u> in an emotionally arousing situation (although <u>does not promptly verbalize feelings</u> to others).  | 0 | 1 | OQ*B10 |

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|--|---|---|--------|
| 11. <u>successful leadership</u> : plays an organizing role in an activity in which other children “follow the lead” and participate.              | 0 | 1 | OQ*B11 |
| 12. <u>smoothly approaches</u> an already ongoing activity (does not disrupt or antagonize) and <u>GETS ACTIVELY INVOLVED</u> .                    | 0 | 1 | OQ*B12 |
| 13. <u>smoothly approaches</u> an already ongoing activity (does not disrupt or antagonize) but <u>DOES NOT GET ACTIVELY INVOLVED*</u> .           | 0 | 1 | OQ*B13 |
| 14. <u>interpersonal awareness</u> : behavior reflecting <u>knowledge or awareness about another person</u> .                                      | 0 | 1 | OQ*B14 |
| 15. <u>empathy</u> : <u>concern</u> or other empathic responses to another person’s <u>emotional display</u> (usually when another is distressed). | 0 | 1 | OQ*B15 |
| 16. <u>helping</u> behavior (unsolicited) directed to <u>other child</u> .   | 0 | 1 | OQ*B16 |

NEGATIVE AFFECT

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|--|---|---|--------|
| 17. uses negative affect <u>to initiate contact, to begin a social interaction</u> with someone.                     | 0 | 1 | OQ*B17 |
| 18. directs negative affect specifically <u>at a particular other person when already in interaction with them</u> . | 0 | 1 | OQ*B18 |
| 19. <u>uses face very expressively</u> to show negative affect in <u>communicating directly</u> with another.        | 0 | 1 | OQ*B19 |
| 20. facial expression <u>looks depressed</u> (can be brief).   | 0 | 1 | OQ*B20 |
| 21. shows <u>very negative</u> affect: anger, distress, protest, crying, etc.  | 0 | 1 | OQ*B21 |

NEGATIVE ADJUSTMENT

- |   |   |   |        |
|---|---|---|--------|
| 22. <u>mannerisms, stereotypes</u> (e.g., rolling the tongue around the mouth, characteristic facial distortions, characteristic nonverbal vocalizations; “quirky” gestures). | 0 | 1 | OQ*B22 |
| 23. <u>no social interaction continuously</u> for <u>3 min</u> or more when context is appropriate and social interaction would be expected.                                  | 0 | 1 | OQ*B23 |
| 24. expresses <u>negative affect</u> to another <u>CHILD</u> in <u>response to the other’s neutral or positive overture</u> (appears inappropriate in context).               | 0 | 1 | OQ*B24 |
| 25. takes <u>pleasure in another’s distress</u> .   | 0 | 1 | OQ*B25 |
| 26. <u>does not respond</u> when approached affectively by another.   | 0 | 1 | OQ*B26 |

- |   |   |   |        |
|---|---|---|--------|
| 27. <u>inept attempts at leadership</u> : attempts to exert an organizing, directive, or leadership influence on others, but they do not comply (check on basis of others' noncompliance) (often includes self-defeating use of affect, e.g., bossiness). | 0 | 1 | OQ*B27 |
| 28. <u>wandering</u> : moves around the room with <u>no/little involvement</u> in activities or social interaction.   |   | 1 | OQ*B28 |
| 29. <u>listless</u> : looks fidgety and <u>emotionally uninvested but still emotionally "present"</u> : stays in one area, but shows <u>little/no involvement</u> in activities or social interaction.  | 0 | 1 | OQ*B29 |
| 30. <u>vacant</u> : <u>very flat</u> , unexpressive, <u>detached face</u> , no involvement, looks " <u>emotionally absent</u> ."  | 0 | 1 | OQ*B30 |
| 31. <u>tension bursts</u> : undirected motor release (one or several; usually brief).   | 0 | 1 | OQ*B31 |
| 32. <u>diffuse</u> : looks <u>somewhat emotionally invested but unable to sustain</u> it for long in any one activity, i.e., "jumps from one thing to another" (gets slightly <u>involved in one thing, then soon moves on repeatedly</u> ).              | 0 | 1 | OQ*B32 |
| 33. <u>hits, kicks, shoves, knocks over or throws objects</u> when emotionally aroused.   | 0 | 1 | OQ*B33 |
| 34. <u>very angry</u> in response to an emotionally arousing event (vs. tantrum not as sustained, loss of control not as great and may be limited).   | 0 | 1 | OQ*B34 |
| 35. <u>withdrawal (=becomes withdrawn)</u> , " <u>shut down</u> " in response to an emotionally arousing event (whether leaves area or not) (NB: must see withdrawal occur).  | 0 | 1 | OQ*B35 |
| 36. <u>disorganized, non-goal-directed activity</u> when emotionally aroused.   | 0 | 1 | OQ*B36 |
| 37. <u>pouty, sullen</u> .  | 0 | 1 | OQ*B37 |
| 38. unprovoked, physical interpersonal <u>aggression (no preceding provocation behavior by victim, e.g., BULLYING)</u> .  | 0 | 1 | OQ*B38 |
| 39. hazing, teasing, or other verbal or nonverbal provocation or threat. (no preceding provocation by victim).  | 0 | 1 | OQ*B39 |

\* Not part of positive adjustment scale, but included out of theoretical interest.

Comments: