

Aggression in a Social World

The following statements are about how you may feel others behave towards you.

Please pick the response that best tells how you feel about each item.

1. People want to be mean to me.
1= Never
2=Hardly ever
3= Sometimes
4=Frequently

2. People get angry at me more than they do at others.
1= Never
2=Hardly ever
3= Sometimes
4=Frequently

3. Everyone is out to get me.
1= Never
2=Hardly ever
3= Sometimes
4=Frequently

4. People take their anger out on me more than they do on others.
1= Never
2=Hardly ever
3= Sometimes
4=Frequently

5. People are mean to me more than they are to others.
1= Never
2=Hardly ever
3= Sometimes
4=Frequently

6. People want to make things difficult for me.
1= Never
2=Hardly ever
3= Sometimes
4=Frequently

7. People like bothering me just for the sake of doing it.
1= Never
2=Hardly ever
3= Sometimes
4=Frequently

Source: Zelli, A. (1992). *Aggression and attributions of hostile intent: Validation of a scale of beliefs about the prevalence of aggression in the social world*. Doctoral dissertation, University of Illinois at Chicago.