

Health Status (Q600-Q608)

Q600 In general, would you say your health is:

- 1 - Excellent
- 2 - Very good
- 3 - Good
- 4 - Fair
- 5 - Poor
- 6 - I prefer not to answer

Q601 Feet:

Q602 Inches:

Q603 What is your weight (in pounds)?

Q604 How many times have you been pregnant or gotten someone else pregnant?

Q605 Do you have any chronic diseases or conditions?

- 1 - Yes
- 2 - No
- 3 - I prefer not to answer

Q606 How much bodily pain have you had over the LAST 4 WEEKS?

- 1 - None
- 2 - Very mild
- 3 - Mild
- 4 - Moderate
- 5 - Severe
- 6 - Very severe
- 7 - I prefer not to answer

Q607 Over THE LAST 4 WEEKS, has your physical health made doing work (either at your job or at your house) more difficult?

- 1 - Yes
- 2 - No
- 3 - I prefer not to answer

Q608 On average, how frequently do you do some form of exercise (i.e. walking, running, biking, swimming, etc.)?

- 1 - Never
- 2 - Less than once a month
- 3 - 1-4 times a month
- 4 - 1-2 times a week
- 5 - 3-5 times a week
- 6 - Almost every day
- 7 - I prefer not to answer

Adapted from:

Ware, J.E., Jr., and Sherbourne, C. D. "The MOS 36-Item Short-Form Health Survey (SF-36): I. Conceptual Framework and item Selection," *Medical Care*, 30:473-483, 1992.

Stewart, A. L., Sherbourne, C., Hays, R. D., et al. "Summary and Discussion of MOS Measures," In A. L. Stewart & J. E. Ware (eds.), *Measuring Functioning and Well-Being: The Medical Outcome Study Approach* (pp. 345-371). Durham, NC: Duke University Press, 1992.